



The Scene

646 A Street, Davis, CA 95616
530-757-5696
Office hours: Currently closed

www.cityofdavis.org/seniorservices
email: seniorservices@cityofdavis.org
Transportation: 530-747-8240

April 2020

MESSAGE FROM STAFF

Dear Friends,

Our center staff, instructors and volunteers miss you and look forward to seeing you all again soon. Our office remains closed through April as we continue to abide by State and County orders to shelter in place.

Once it is safe to return to normal operations, we will reach out to you. If you had registered for a class that was canceled, we will be sure to provide you a refund. Senior Center staff continues to check the main office phone messages and email, so please contact us if you have any questions or concerns. We know that time apart from friends and family is difficult. The agencies below and on the following page provide options to help you stay mentally engaged, physically active or connected with services. Please check our web page, www.cityofdavis.org/seniorservices, for additional resources including videos from your favorite instructors which we hope to have available soon.

- The Friendship Line
Phone: 800-971-0016 **Email:** friendshipline@ioaging.org
This is both a crisis intervention center and a “warm” line for routine, even daily, phone calls that provide emotional support, medication reminders and well-being check-ins. A program of Institute on Aging's Center for Elderly Suicide Prevention and Grief-Related Services, the Friendship Line is nationally known and accredited by the American Association of Suicidology.
- Well Connected
Phone: 877-797-7299 **Website:** <https://covia.org/services/well-connected/>
This is a free phone and online program offering activities, education, friendly conversation and an assortment of classes and support groups to older adults accessible from the comfort of home. All groups are accessible by phone and, many are accessible online.

Spotlight!

The Senior Center depends on treasured volunteers such as Lois Richter, pictured above, at one of our center's special events.

INFORMATION & RESOURCES

Resources

- City/County Websites
Follow the City on Facebook, check the City website at www.cityofdavis.org/coronavirus, the Yolo County website at www.yolocounty.org/coronavirus and most importantly, please sign up to receive emergency notifications at: <http://www.yolo-alert.org/>.
- Health Insurance Counseling & Advocacy Program
Phone: 916-376-8915
Provides phone appointments.
- KDRT 95.7 FM
Email: info@davismedia.org.
Local radio station providing COVID-19 community reports Tuesdays & Fridays from 12-12:30 p.m., repeating at 5:00 p.m. both days.
- Information & Referral
Phone: 211
Provides health and social service resources in the region.
- Veterans Services
Phone: 530-406-4850
Provides phone appointments.
- Yolo County Library
Phone: 530-666-8005 Website: <https://yolocountylibrary.org/> Provides free access to books, magazines, and digital programming.
- Yolo Food Bank
Phone: 530-668-0690 Email: <https://yolofoodbank.org/> Coordinates the distribution of food from a network of growers, distributors, wholesalers, grocery stores and more.

Meals on Wheels

Meals on Wheels will continue to serve existing clients with home delivered meals Tuesdays and Fridays. For more information, call 530-747-5870.

Scam Alert



Cities and water/wastewater agencies in California have reported that scammers have targeted area utility customers via phone, mail and email asking for personal information or to demand payments on utility bills. If you are contacted regarding utility bill payments, please disregard! The City of Davis will not be contacting citizens, by email or in person, for payment of city services. If you have questions about your utility bill, please email financeweb@cityofdavis.org.

How to Support the Senior Center

Donate by mail: make check payable to either “Davis Senior Services Endowment Fund” or “Davis Senior Services Improvement Fund” and mail to:
Yolo Community Foundation
P.O. Box 1264
Woodland, CA 95776
Donate online: go to www.sacregcf.org. Click on “donate.” For more information, contact Maria Lucchesi at the Davis Senior Center, 530-757-5696.

Senior Center Staff

Maria Lucchesi - Community Services Supervisor

Lisa DeAmicis - Information & Assistance Coordinator

Michael Cirelli - Program Coordinator

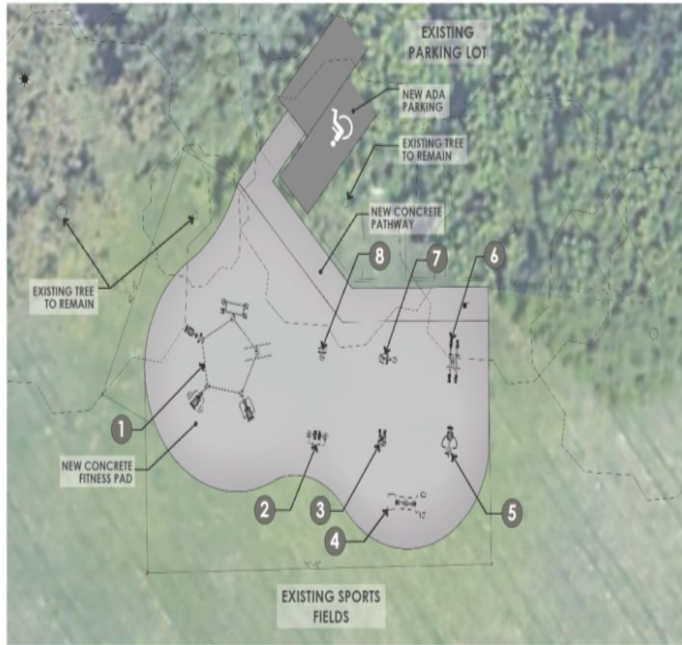
Libby Wolf - Office Assistant



Outdoor Fitness Equipment Coming Soon

The Senior Center will have new outdoor workout equipment installed on Civic Center Field behind the building later this year. The equipment, which includes a rowing machine, double skier, leg press and much more, will provide a well-rounded workout for all ages and abilities.

More details on this project are available at <https://www.cityofdavis.org/city-hall/parks-and-community-services/current-improvement-projects> or you may contact Parks and Community Services Director Dale Summersille at dsumersille@cityofdavis.org or by phone 530-747-5875.



SITE PLAN



VICINITY MAP

EXOFIT EQUIPMENT

1 ExoPod



2 Air Walker Station



3 Stepper



4 Wheelchair Chest Press/ Lat Pull



5 Rowing Station



6 Cross Skier



7 Fitness Bike



8 Wheelchair Arm/ Leg Wheel Station



Grocery Stores with Reserved Shopping for Seniors:

- **Davis Food Co-Op:** Sunday – Saturday 10:00 a.m. – 12:00 p.m. <https://davisfood.coop/blog/>
- **Nugget Market:** Tuesday/Thursday 6:00 a.m. – 8:00 a.m. <https://www.nuggetmarket.com>
- **Safeway:** Tuesday/Thursday 7:00 a.m. – 9:00 a.m. <https://www.safeway.com/faq/covid-19-faq.html>
- **Save Mart:** Tuesday/Thursday 6:00 a.m. – 9:00 a.m. (Grocery) 7:00 a.m. – 9:00 a.m. (Pharmacy) <https://www.savemart.com/keeping-you-safe>
- **Target:** Tuesday/Wednesday 8:00 a.m. – 9:00 a.m. <https://corporate.target.com/about/purpose-history/our-commitments/target-coronavirus-hub?lnk=Acoronavirusupd>
- **Trader Joe's:** Sunday – Saturday 8:00 a.m. – 9:00 a.m. https://locations.traderjoes.com/ca/davis/182/?utm_source=Google&utm_medium=Maps&utm_campaign=Google+Places

DAVIS TRAVELAIRES

646 A Street, Davis, CA 95616 530-753-4159
Tuesday-Thursday, 10 a.m.-2 p.m. www.davistravelaires.org

Due to the coronavirus restrictions, the Davis Travelaires office is temporarily closed and we are not able to receive mail. We are working at home to monitor and respond to email and voicemail messages. As of the time this newsletter went to press, we have cancelled or rescheduled all of our trips through mid-May. We are continuing to monitor the situation regarding trips further in the future. We will open our office when the Senior Center reopens and plan to be scheduling trips again once we have turned the corner on the coronavirus.

Since the situation is changing very quickly, we are not going to list any trips in this issue of the newsletter. Those who have access to the internet can check our website for the latest updates, <https://davistravelaires.org>. If you have questions about the status of a trip please email us at DavisTravelaires@gmail.org or leave a message at 530-753-4159 and we will return your message.

Gary Boyce, Executive Director, gboyce_95758@yahoo.com
Sue Barnes, President, suelbarnes@ucla.edu

If you use email, are not already on the Travelaires email list and would like to receive our updates, please email us with your name, mailing address and email address. Our email list is separate from the Senior Center email list. If you are not sure whether you are on our list, email us. We can check our database and add your email address if we don't already have it.

We hope to see you on a Travelaires trip once we are operating again. In the meantime, stay home and stay well.

Davis Travelaires Board of Directors:

Sue Barnes, President
Gary Boyce, Executive Director
Donna Hyatt, Secretary
Wanda Winton, Treasurer
Donna Dungan, Member-at-Large
Phyllis Brock, Member-at-Large
Trish Jimenez, Member-at-Large

The
Scene
DAVIS SENIOR CENTER

Dated Material

Time Value
Permit No. 1
Davis, CA
PAID
U.S. Postage
Nonprofit Org

Office hours: M-F, 9am - 4pm
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