



Resources for Bereavement Support

August 2021

We hope the below resources are helpful. If you need additional help, please contact the church office at 530-756-0444 or our Deacon, Margaret Grayden at Margaret@churchofstmartin.org.

Here are some available resources:

1. **Yolo Cares*/Citizens Who Care**

1909 Galileo Court, Suite A
Davis, CA 95618
Tel: 530-758-5566

Their groups—currently virtual—are listed below (call above phone number for more information):

- Drop-in Bereavement Support Group, Thursdays at 6:00pm, Zoom
- Anticipatory Loss Support Group, Mondays at 7:00pm, Zoom
- LGBTQ+ Grief Loss, Support Group, Mondays at 6:00pm
- Spouse and Partner Loss, Support Group, Wednesdays at 3:00pm
- Child Loss Support Group, First & Third Wednesday, Stepping Stones, Tuesdays at 3:00–6:00pm (Note: this group is for children who have lost a loved one.)

2. 2020 Community Bereavement Resource Directory published by **Bereavement Network Resources of Sacramento**, a nonprofit based in Sacramento. P.O. Box 660365, Sacramento, CA 95866. 916-557-5882
GriefHelpSacramento.com

3. Suicide Prevention of Yolo County: Survivor Support groups are now happening virtually. They are on the 3rd Wednesday of each month at 6:30pm. Please call 530-756-7542 for more information and ask for Janine.

*Note: Yolo Hospice has changed its name to Yolo Cares.