



# THE EPISCOPAL CHURCH OF ST. MARTIN

ROOTED IN FAITH • GROWING IN HOPE • REACHING OUT IN LOVE

---

## Online Supplement Sunday, December 1, 2024 at 10:00am Holy Eucharist Rite II First Sunday of Advent and Las Posadas

**SERVICE NOTES:** *Welcome! We are so happy you have joined us today! This material is a supplement to the service bulletin for those of you attending online.*

*All of the music can be found in the service bulletin today.*

*Closed captioning is available on Zoom. We encourage everyone to sing and pray actively from home. Feel free to add prayer requests, celebrations, and milestones in the chat box. Just remember not to share sensitive information online—please use first names only. Feel free to place any questions you have in the chat box and we will do our best to answer them during the service. Thank you, and God bless you!*

### ABOUT RECEIVING HOLY COMMUNION

**A note about Spiritual Communion:** *The Book of Common Prayer reminds us that if one is unable to actually consume the consecrated bread and wine due to extreme sickness or disability, the desire is enough for God to grant all the benefits of communion (p. 457). When being present at a celebration of the Eucharistic is not possible, this act of prayer and meditation can provide the means by which you can associate yourself with the Eucharistic Action and open yourself to God's grace and blessing. Please consider using this Act of Reception during Communion time.*

**Act of Reception:** "In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, and remembering particularly the people of the Church of St. Martin, I long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption of the world, and for the means of grace and the hope of glory. I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen."